

Further information

<i>Volunteer activity</i>	Cancer Research shop worker
<i>What I do</i>	Managing till area and sales. Organising display areas. Assisting customers.
<i>Time commitment</i>	Two hours a week
<i>Why I do it</i>	When I first started working at the shop it was an opportunity to do something outside the normal family routine. It is a great team to work with and I really enjoy the time I spend there. The shop in the heart of Highgate does a lot of work with the local community from work experience places for school students to taking part in local events, and it is nice to be a part of that. Recently some family members have been diagnosed with cancer and the work I do has taken on a new significance. It has made me appreciate why this charity is so important and the impact it has had on people's lives.
<i>Downsides</i>	None I can think of. Though a firm commitment is needed, the amount of time you wish to give is up to you. There are a range of volunteer opportunities from organising donation days at work or home to adopting an area of the shop. So whether you can offer 1 day a year or 2 hours a week there is a volunteer opportunity available.
<i>What to do next</i>	Please come and see us. Piera (shop manager) will be happy to speak to you about the volunteer options.